



Top 10 Pre-Departure Travel Tips

Going on a holiday? Check out our top 10 travel tips before setting out!

1. Update yourself with the latest travel advice

You can check for the latest information on global situation updates of H1N1 outbreaks as well as travel advisory from Ministry of Health at www.moh.gov.sg.

2. Get Vaccinations and medications

Consult your family doctor or health professionals on the recommended vaccinations. Get your family doctor to prescribe some medications for flu, headaches, diarrhea and motion sickness for you to bring overseas.

3. Research on the country or city that you are visiting

Read up on the weather, transportation system and language. Respect the culture and customs of the country and take it as a reference when packing your luggage, e.g. some countries forbid visitors from wearing shorts/sandals/sleeveless tops in certain places, so ensure that you pack appropriately.

4. Buy travel insurance

Nowadays, buying travel insurance is made more readily than ever before. You can purchase it via your travel agency, your insurance adviser or even online anytime prior to your departure from Singapore. Unforeseen circumstances may ruin your holiday and cost of medical expenses can be substantial overseas. You know you can enjoy a peace of mind on your vacation when you have travel insurance in place. Visit www.insupermart.com to purchase your travel insurance.

5. Ensure passport validity

Make sure that your passport has at least 6 months validity before you travel. Carry photocopies of your NRIC, passport data page and travel insurance in separate places.

6. Travel light

Prepare a checklist and pack only what you need. It can be tedious to carry your luggage around especially when you are travelling to different cities on the same trip. Do not overload your luggage before you depart for your holidays and try to keep some available space in the luggage for the souvenirs. Bring travel-sized toiletries and do not pack hazardous or flammable materials into your luggage. Remember to bring a travel adaptor so that your electronic gadgets like cameras can be re-charged overseas. Try not to bring or wear expensive jewellery when travelling as it may draw unnecessary attention from pickpockets. Remember to tag your luggage.

7. Carry the correct currency

Ensure that you have prepared adequate local currency for your travelling expenses since not all places accept credit card payment.

8. Ensure that you have an International Driving Permit if you wish to drive overseas

Observe the local rules of the road if you have intention to drive overseas.

9. Keep useful contact numbers in hand carry bags and luggage

Always keep a copy of contact numbers of your home embassy, credit card companies, banks and SOS helpline in your luggage/hand-held bag just in case you need help overseas.

10. Keep in touch with your family members while overseas

Leave a copy of your travel insurance policy and itinerary and how you can be contacted with your family members at home.

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